

ABSTRACT OF THE DISCLOSURE

Digital images to be inputted in frames are specified at specific time intervals. When the specified digital images are subjected to an MPEG coding process and the resulting images are recorded on a recording medium, control is performed in such a manner that, as the time interval of intermittent recording becomes longer, the number of pictures constituting a GOP, a unit of MPEG coding, becomes smaller, thereby increasing the frequency of appearance of I pictures.

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